

CHAPTER

ONE

*Start a new
adventure with God*



They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. Everyone was filled with awe at the many wonders and signs performed by the apostles.

All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need. Every day they continued to meet together in the temple courts.

They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved. **Acts 2:42-47**

“Beyond a program, seminar or small group, Rooted is a catalyst for life-change. Through an experiential model, Rooted teaches people what it means to be a disciple of Jesus, built on faith’s foundational elements such as worship, generosity, service, evangelism, prayer and studying God’s word.”

“I loved hearing about the variety of what God has done in people’s lives. It raises expectations of what God will do now.”

“It had momentum – a good sense of movement.”

“I enjoyed the experiences – having to be brave, and stepping outside of my comfort zone”

“It made me more willing & focused on sharing my story outside church.”

“I feel this could work well with a multicultural group. It could break down barriers.”

Chapter One

The seven rhythms

1. Rhythm of scripture
2. Rhythm of prayer
3. Rhythm of power
4. Rhythm of worship
5. Rhythm of freedom
6. Rhythm of generosity
7. Rhythm of reaching
out

Three things we'd love you to do

1. Experience Chapter One for yourself
2. Encourage others to experience Chapter One
3. Consider leading Chapter One

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