

BLESS



A POCKET GUIDE



ORDINARY PEOPLE CHANGED BY JESUS TO CHANGE THE WORLD

The nine-word statement above is the mission God has given us at King's. But what does it look like for us to live this mission out in our day-to-day lives?

What if God's mission was the starting point of your purpose each day? This guide will help you by equipping you with the five simple missional practices of BLESS.

"All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations..."

Matthew 28: 18-19

BLESSED TO BE A BLESSING

I will make you into a great nation, and I will bless you; I will make your name great, and you will be a blessing.

Genesis 12:2

In Genesis 12, God tells Abraham that He is going to bless him in order for him to be a blessing to the world. The same is true of us - we have been blessed to be a blessing.

How do we bless the world and the people around us? Simply, with the gospel of Jesus Christ.

By doing at least one of the BLESS missional practices every day, you will be sharing in God's mission - and making it your own - by loving people and pointing them towards Jesus.

5 SIMPLE WAYS TO BLESS

B



BEGIN WITH PRAYER

I will pray for the people in my life, for opportunities to bless and serve them.

L



LISTEN

I will focus more on listening than speaking to discover the needs of others.

E



EAT

I will spend time with people in my life, sharing meals or sitting down over a coffee.

S



SERVE

I will respond to the needs of others and help them in practical and impactful ways.

S



STORY

I will share with others the story of Jesus, and what He has done, and is doing, in my life.

BEGIN WITH PRAYER

B



PURSUING JESUS' MISSION IN OUR LIVES SHOULD ALWAYS BEGIN WITH PRAYER.

- Write a list of people you know who don't know God
- Ask God who He wants you to put on your BLESS list – and be open to adding others as He leads
- Pray for opportunities to listen to them, eat with them, serve them and to share your story
- Pray for their salvation
- Ask God: “Who can I bless today? Provide me with unexpected ‘divine appointments’. Help me to be aware of your presence, and obedient to your leading”
- Pray for courage to take opportunities as they arise

LISTEN

L



LEARN TO LISTEN WITH CARE TO GOD AND TO THE PEOPLE AND PLACES IN YOUR LIFE.

God:

- Who is He asking you to put on your BLESS list, and what is He saying to you about these people?

People:

- Approach conversations as a learner rather than as an adviser – aim to learn people’s stories
- Pay attention to their hopes and dreams, struggles and pain, and listen for evidence of God’s work in their lives

Places:

- Where are the gaps and needs in your community?
- How can you be meaningfully involved in showing the love of Jesus and making a positive impact in your community?

EAT

E



SITTING DOWN OVER A MEAL OR A COFFEE TOGETHER IS ONE OF THE FASTEST WAYS TO MOVE A RELATIONSHIP FROM ACQUAINTANCE TO FRIENDSHIP.

- How can you be intentional about getting time over a meal with people in your life?
- What are the obstacles you face to showing hospitality? (Can't cook, no time, no space, messy house...)
- How can you overcome these obstacles? (Eat out, keep it simple, bring & share, prioritise your time, don't worry about not having a perfect house...)

Hospitality isn't about achieving perfection, it's opening up your home and your life to build genuine friendship.

SERVE

S



WHEN YOU SPEND TIME PRAYING FOR PEOPLE, LISTENING TO THEM AND EATING TOGETHER, THEY WILL TELL YOU HOW TO LOVE THEM.

Look for opportunities to serve people through:

- Small acts of kindness
- Meeting practical needs
- Being present during difficult circumstances
- Celebrating significant events
- Offering to pray

Who can you serve this week? Do you know anyone who has a need? Ask them how you can help them.

STORY

S



WHEN YOU REGULARLY DO THE FIRST FOUR STEPS, YOU WILL GET OPPORTUNITIES TO SHARE YOUR STORY. WILL YOU BE READY?

Your story doesn't have to be long or packed with theology and Gospel explanations - just your experience of how Jesus has changed, and is changing, your life.

- What was your life like before knowing Jesus?
- How did you come to faith?
- What difference has He made in your life?
- How is He working in your life now?

Keep it simple, keep it short, keep it real, keep it focused on Jesus.

YOUR NEXT STEP

DAILY

Do at least one BLESS practice every day - be intentional about looking for ways to BLESS others.

WEEKLY

In your Small Group, or with people you connect with on a regular basis, commit to asking the question: "Who did you BLESS this week?" Accountability is really helpful in keeping BLESS at the forefront of your mind.

If you are not currently in a Small Group, find a group you can join at:
kchw.co.uk/small-groups

BLESS



BEGIN WITH PRAYER

LISTEN

EAT TOGETHER

SERVE

SHARE YOUR STORY



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